



Judy Sunasky

BUSINESS AND LEADERSHIP COACH

ABOUT ME

I believe it takes courage, confidence and consistency to lead. Business growth is dependant on leadership and team development.

I use my 25 years of experience as a business owner to serve business leaders and owners to build and grow their business by expanding their leadership ability and thinking.

As humans, we become the best versions of ourselves when we explore our thinking across all aspects of our lives become more resourceful, adaptive, self-regulating and skillful.

My coaching career is born out of a deep desire to support people in a transformational journey.

MEMBER: COMENSA

PROFESSIONAL EXPERIENCE

2021- present

WPO Chapter Chair - Johannesburg

I facilitate peer group learning amongst women entrepreneurs. These are next level businesses poised to scale and grow.

1995-2020

Business Owner

I owned, built and sold my business, Blendwell Chemicals (Pty) Ltd

EDUCATION

UCT Executive & Management Coaching Program 2023

Edward Lowe Foundation Peerspectives 2022

**Harvard Business School of Executive Education
2022 - present**

Toastmasters International 2018 - present

Being a Director 1-5, IODSA 2018

Finance for Non- Financial Managers 2012

University of Witwatersrand (BSc) 1985

CONTACT

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COACH

FACILITATOR

CONSULTANT

PHILOSOPHY

My coaching approach is based on a deeply held philosophy that people can become better versions of themselves and that human potential, wisdom and effectiveness is dynamic and expansive. I am passionate about partnering with people who purposely bring growth, development and change into their space.